

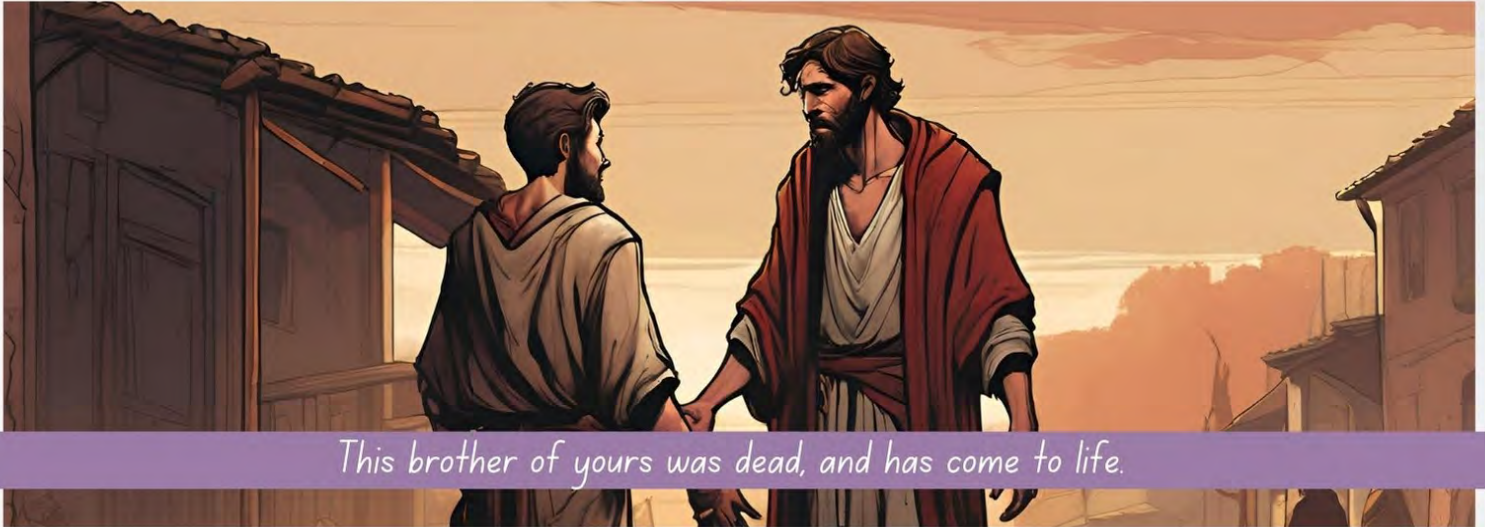


St. Francis De Sales and St. Andrew Parish BULLETIN



Roman Catholic Parish
HIGH RIVER - VULCAN, AB

30 MARCH 2025



Office

St. Francis de Sales Parish
206 – 9th Avenue West,
High River, Alberta T1V 1A4

Office Phone # 403-652-2203
Fax # 403-601-3886
Email: francisdesales@shaw .ca

Contact Us

Parish Priest : Fr. Mariusz Sztuk, SDS
Email: dzambel@me.com
Phone: 403-992-2313

Deacon: Larry R. Driver
Email: deaconldriver@gmail.com

Secretary: Nancy Barton
Email: francisdesales@shaw.ca
Phone: 403-652-2203
Sacramental Prep : Nancy Barton
Email: francisdesales@shaw.ca

Music Coordinator: Donna Abramson
Email: droseabramson@gmail.com

LORD'S DAY MASSES

Saturday 5:00 pm – High River
Sunday 9:00 am – Vulcan
Sunday 11:00 am – High River

CONFESSIONS

Monday – Saturday: 45 minutes before Masses

FOURTH SUNDAY OF LENT



4th Sunday of Lent

March 30,
2025



Sunday Readings

First Reading: (Joshua 5:9a,10-12) Crossing the Jordan River officially ends the exodus event and is perhaps the climactic event in the book of Joshua. It has numerous parallels and contrasts with the crossing of the Red Sea in Exodus 14. In Exodus the Israelites are leaving Egypt, the land of slavery; in Joshua they are entering Canaan, the Promised Land of plenty. In Exodus they are fleeing from the pursuing Egyptian army; in Joshua they are advancing to attack Jericho.

Second Reading: (2 Corinthians 5:17-21) Because Paul is expecting to stand before the judgment seat of Christ (5:10), he is motivated to persuade people of the truth of the gospel (5:11). He explains his motives in ministry, not to promote himself but to enable the loyal Corinthians to answer Paul's opponents in the church (5:12).

Gospel: (Luke 15:1-3, 11-32) Although the cost of following Jesus is high, God diligently and lovingly pursues sinners, as these three parables illustrate. In each case, something has been lost—a lost sheep, a lost coin, and two lost sons. These stories give us a clear picture of God's heart.

The Prodigal Son in Me

The question seems to dig into something personal and introspective—whether you carry traits of the Prodigal Son or even the older son from the parable. Let's unpack that.

The Prodigal Son in you might show up if you've ever felt like you've wandered off course—chasing something (a dream, a thrill, a distraction) that left you emptier than you expected. Maybe you've taken risks or made choices that pulled you away from what matters most to you, only to feel later that tug to return—to a better version of yourself, to people who care, or to a sense of purpose. It's that part of you that's restless, maybe a little reckless, but capable of recognizing when it's time to come home, wherever "home" is for you.

The older son, though? That could be in you if you've ever felt overlooked or resentful—sticking to the rules, doing the "right" thing, yet watching others get grace or attention you think they don't deserve. It's that quiet frustration when loyalty seems unrewarded or when you catch yourself judging instead of celebrating someone else's comeback. If you've ever wrestled with fairness—why them and not me?—that's him whispering.

Most of us have a bit of both. The Prodigal's hunger for freedom and the older son's hunger for recognition aren't opposites—they're human. Lent is a chance to look at both: where you've strayed and need forgiveness and where you've clung too tight and need to let go. So, is there a son in you? Probably. The real question is which one's louder right now—and what you'll do about it.

Fr. Marius



Lenten Penitential Service

Please join us for Mass on **April 9, 2024 @ 6:00 pm** followed by our **Lenten Penitential Service**. There will be a few priests available to hear your confession.

All are welcome!

Please Note: Confession is also 45 minutes before masses



Lenten Penitential Service

If you are not able to make the Penitential Service at St. Francis De Sales, here are some other options for you to join in.

Holy Name Parish (SW Calgary)—April 2, 2025 @ 6:30 pm

St. James Parish (Okotoks)—April 3, 2025 @ 6:30 pm

St. Albert the Great (SE Calgary)—April 3, 2025 7:00 pm—8:30 pm

St. Anthony's Parish (SW Calgary)—April 8, 2025 7:30pm—8:30 pm

St. Bonaventure Parish (SE Calgary) April 8, 2025 7:00—9:00 pm

WHO AM I?!



Stations of the Cross /Soup and Buns

Please join us for Stations of the Cross will held **every Friday** during Lent, **Feb. 7— Apr. 11, 2025** at 6:30 pm followed by soup and buns.

All Are Welcome!

Date	Ministry
April 4, 2025	Knights of Columbus
April 11, 2025	NDC/HSA

THE PASCHAL TRIDUUM



LENT 2025

MONDAY, APRIL 14
7:00 p.m. Chrism Mass
(St. Mary's Cathedral)

MASSES AT: ST. FRANCIS DE SALES

Monday	14 April	9:00 a.m.
Tuesday	15 April	7:00 p.m.
Wednesday	16 April	6:00 p.m.

SACRAMENT OF PENANCE

Individual Confessions

Monday	14 April	8:00 a.m. - 9:00 a.m.
Tuesday	15 April	6:00 p.m. - 7:00 p.m.
Wednesday	16 April	5:00 p.m. - 6:00 p.m.

An Easter Message

Easter is the fulfillment of our Catholic faith. The great three day liturgy of Holy Thursday, Good Friday and Easter Sunday celebrate the resurrection of our Lord, his great triumph over sin and death. Let us together wash each other's feet, venerate his holy cross and rejoice alongside our Risen Lord this Easter.

Experience the healing and forgiveness of the Sacrament of Reconciliation. Frequently receive his body and blood at Mass. Opening yourself to the opportunities of this Easter season will allow you to participate in the fullness of this most sacred Christian feast.

Enjoy Easter the way you were meant to; with Jesus.

*Fr. Marius Sztuk, SDS
Deacon Larry Driver*

HOLY THURSDAY, April 17 HIGH RIVER

7:00 p.m. Evening Mass of the Lord's
Supper Solemn Adoration until midnight

8:00 - 9:00	Families
9:00 - 10:00	Mothers
10:00 - 11:00	Fathers
11:00 - 12:00	Youth

HOLY THURSDAY, APRIL 17 VULCAN

5:00 p.m. Evening Mass of the
Lord's Supper

GOOD FRIDAY, April 18

3:00 p.m. - Celebration of the Lord's Passion
6:30 p.m. — Stations of the Cross

HOLY SATURDAY, APRIL 19

10:00 a.m. — Blessing of the Food
8:00 p.m. — The Easter Vigil

EASTER SUNDAY, APRIL 20

9:00 a.m. Mass Vulcan
11:00 a.m. Mass High River

Happy Easter



St. Francis de Sales CWL Easter Basket Sales

Once again, the CWL is having our
Easter Basket Ticket Sale fundraiser.
We have 4 beautiful baskets,
2 adults and 2 children's.

Ticket Sales commence on the following dates:
Sat., March 22, 2025 to Sunday, April 6, 2025
after all Masses in the Church Hall. Draw will be
made on Palm Sunday, **April 12, 2025.**

Cost of tickets:

\$5.00 each or 3 for \$10.00 You can purchase tickets
at the church after Masses or by E-Transfer.

E-transfer works as follows:

- You must purchase a minimum of \$10.00 worth of tickets.
- You can send your e-transfer to "sfscwl25@gmail.com".

Please indicate in the message area of the transfer your phone
and your ticket distribution
(i.e. 3 adults or 1 adult and 2 children)

**All Proceeds will be donated to a High River
local charity within our community.**

**Thank you so much for your support for
these very worthwhile causes.**

Blessings,

The CWL Committee:

Barb Wiszt, Geraldine Gervais, Susan Horn, Bae Taylor



Holy Spirit Academy

HSA Room Dedication

In celebration of our school's 30th anniversary, we are
looking to name our classrooms in honor of the Saints.
With a donation to Holy Spirit Academy, you can choose
the Saint's name for one of our classrooms and offices.
You can also donate in memory of a loved one.

Our goal is to use the money fundraised for future
faith events in our building, celebrating the gift of
Catholic education in our community.

Please call Holy Spirit Academy at 403-652-2889
If you are interested in participating in this



Yarn Donations

If you have any yarn you are not using,
our parishioner Shirley is looking for
donations so she can knit more toques for
Kids in Ukraine and Christmas Child Shoebox.

Yarn donations can be dropped off at the church
for Shirley to pick up. If you have any questions, please call
the church office for more information—403-652-2203



Rosaries for Sale

There are Rosaries for sale
in our Gift Shop in the Church
Hall. They are made by one
of our parishioners, Rhona-Mae
Arca. If you are interested in
buying one, please see Nancy
in the church office during
office hours, or call her at
403-652-2203, or email at
francisdesales@shaw.ca





YOU ARE called
YOU MATTER YOU BELONG

Financial Stewardship

A MARRIAGE ENRICHMENT WORKSHOP

**THURSDAY
APR 10, 2025
7 PM - 9 PM**

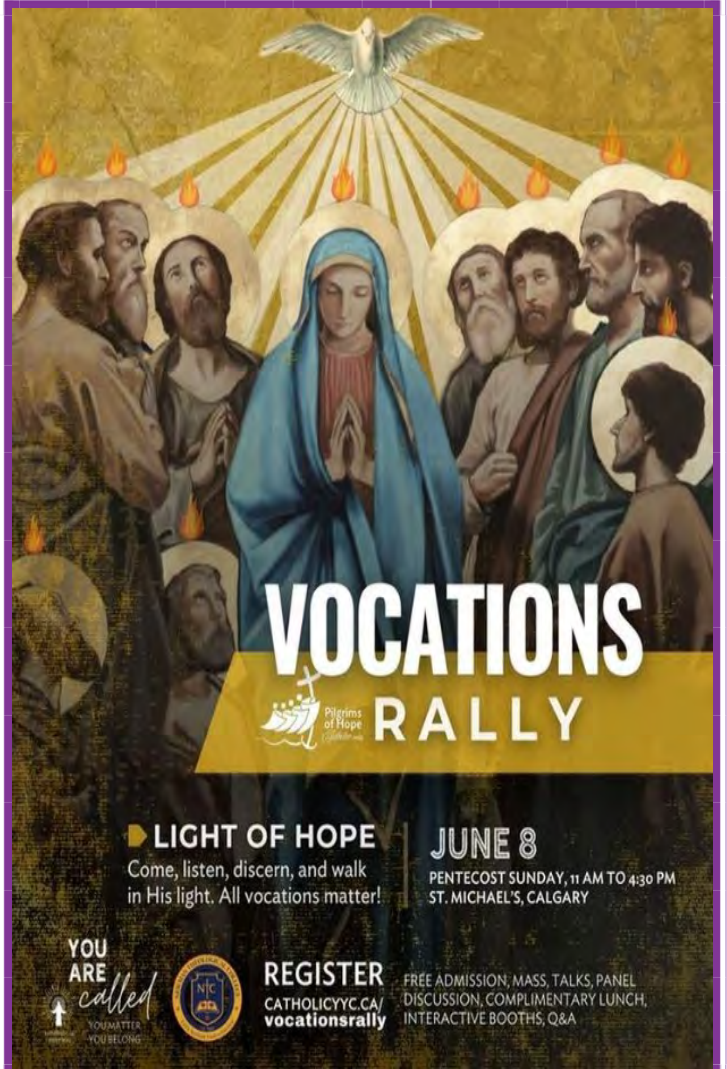
Catholic Pastoral Centre
120 17th Ave SW, Calgary

The Diocese of Calgary invites married and engaged couples to attend our Marriage Enrichment Workshop.

SPEAKERS
Guillermo & Sara Garcia

REGISTER ONLINE/
PHONE - BY
FEB 17
403-218-5521

COST TO REGISTER:
\$20/ COUPLE



VOCATIONS RALLY

PIGRIMS OF HOPE

LIGHT OF HOPE
Come, listen, discern, and walk in His light. All vocations matter!

JUNE 8
PENTECOST SUNDAY, 11 AM TO 4:30 PM
ST. MICHAEL'S, CALGARY

REGISTER
CATHOLICYC.CA/
vocationsrally


FREE ADMISSION, MASS, TALKS, PANEL DISCUSSION, COMPLIMENTARY LUNCH, INTERACTIVE BOOTHS, Q&A

YOU ARE called
YOU MATTER YOU BELONG

2025
Annual Outdoor

WAY OF THE CROSS

IN DIAMOND VALLEY



Inter-faith commemoration of Jesus' final steps to the Cross

GOOD FRIDAY

APRIL 18th – 10.30 AM

One km easy walk pausing at 14 stations for reflection and prayer.
Starts/ends at St. Michael's Church – 402 Government Road
Seniors & families welcome. Dogs welcome on leash.



Blooms & BLOSSOMS

CHARITY DINNER
IN SUPPORT OF
ELIZABETH HOUSE

She opens her hand to the poor, and reaches out her hands to the needy.
Proverbs 31:20

MAY 2025 **24** SATURDAY
6 pm to 10 pm

CALGARY ITALIAN CULTURAL CENTRE
416 1 Ave NE, Calgary
SILENT AUCTION, FOOD & WINE, AND LIVE MUSIC

TICKETS
\$150/PERSON
\$150/TABLE OF 10
CATHOLICYC.CA/BLOOMS

QUESTIONS?
ASK CATHY SANDHU AT
CENAS@CICCCENTRE.COM



YOU ARE called
YOU MATTER YOU BELONG

Elizabeth HOUSE

Ticket sale and silent auction donations will be matched up to 50% through Rogers Bikes for Kids presented by Alkalife.
Charitable Number: 1070-9399-8800pt.

ROGERS Bikes for Kids

Confession or Communion to the Homebound

If you are homebound and desiring to receive communion or the Sacrament of Reconciliation, please call the parish office at 403-652-2203 or email Father Marius at dzambel@me.com to request a visit. He will do his best to schedule a visit with you



The Eucharist is the secret of my day. It gives strength and meaning to all my activities of service to the Church and to the whole world. Let Jesus in the Blessed Sacrament speak to your hearts. It is he who is the true answer of life that you seek. He stays here with us: he is God with us. Seek him without tiring, welcome him without reserve, love him without interruption: today, tomorrow, forever." Saint John Paul II



Sunday Offering

Did you know we now take Donations electronically! **You have the following options: Direct Debit, Visa, Master Card.** We also have **E-transfer set up.**

The email address is dontion@francisdesaleshighriver.com

If you are interested in switching over to one of these payment methods, please call Nancy in the church office at **403-652-2203** or email her at francisdesales@shaw.ca



Adoration

Please join us for our Adoration after the 9:00 am mass on Thursdays, **from 9:45 am—9:00pm.** If you would like to come for an assigned time, please contact Nancy in the office at **403-652-2203** or email her at francisdesales@shaw.ca **All are welcome!**

St. Francis de Sales 2025 Offering Envelopes

Just a reminder that the 2025 Offering Envelopes are ready for pick up in the church hall.

If you do not have an assigned envelope #, but would like one, Please contact Nancy in the church office by phone, **403-652-2203** or email francisdesales@shaw.ca



Saint Francis de Sales
High River, AB

Welcome
Thank You for joining us today.

Name _____
Address _____
Postal Code _____ Amount \$ _____

Are you interested in:
 Learning more about our ministry?
 Having a visit from the pastor?
 Joining our church?

How did you hear about us?

“For it is in giving that we receive.”
~ St. Francis of Assisi

St. Francis de Sales Special Envelope Days

- | | |
|--------------------------------------|--------------------|
| New Year’s Day | January 01, 2025 |
| SFDS Helping Hands | February 09, 2025 |
| Together in Action | April 06, 2025 |
| Needs of the Church in the Holy Land | April 18, 2025 |
| Easter | April 20, 2025 |
| Good Shepherd Sunday | May 11, 2025 |
| SFDS Helping Hands | May 18, 2025 |
| The Pope’s Pastoral Works | May 25, 2025 |
| Together in Action | June 01, 2025 |
| SFDS Helping Hands | June 08, 2025 |
| SFDS Helping Hands | August 10, 2025 |
| Together in Action | September 07, 2025 |
| SFDS Helping Hands | September 14, 2025 |
| World Mission Sunday | October 19, 2025 |
| Catholic Education Sunday | November 02, 2025 |
| Together in Action | November 09, 2025 |
| SFDS Helping Hands | November 16, 2025 |
| Holy Childhood Sunday | December 14, 2025 |
| Christmas | December 25, 2025 |

Saint Francis de Sales
High River, AB

Welcome
Thank You for joining us today.

Name _____
Address _____
Postal Code _____ Amount \$ _____

Are you interested in:
 Learning more about our ministry?
 Having a visit from the pastor?
 Joining our church?

How did you hear about us?

SFDS 2025 Calendars Fundraiser for Pro-Life

Dear Parishioners,
We are thrilled to invite you to purchase our **2025 parish calendar!** This unique calendar not only helps you organize the upcoming year but also beautifully showcases the life and moments of our parish community through stunning photographs.

Let this calendar serve as a daily reminder of our shared faith, community spirit, and dedication to life-affirming causes. Thank you for standing with us and making a positive impact through your support.

The suggested price is 10\$
With prayers and blessings,
Fr. Marius



If you are in the hospital, and are **Roman Catholic**, please insure you or a family member contacts Nancy in the Church Office at 403- 652-2203. This will ensure that you will be visited by the Priest or Pastoral Care Team.



MASS INTENTIONS

April 1– 30, 2025

April 1	7:00 pm	James & Helen Leible †
April 2	6 :00 pm	Bereavement Mass
April 3	9:15 am	Stuart Curzon †
April 4	9:15 am	John & Kay Hoffart †
April 5	9:00 am 5:00 pm	Lillian Schmidt † Grazyn Sak†
April 6	9:00 am—(Vulcan) 11:00 am	Our parish Michael Ryan †
April 7	9:00 am	Deidre & Steve Abma & Family
April 8	7:00 pm	George Curzon
April 9	4:00 pm—(HR Hospital) 6:00 pm	Sr. Loretta Rice CSJ SFDS CWL Sisters
April 10	9:15 am	Marge & Mike Heap †
April 11	9:15 am	Frank Charette †
April 12	9:00 am 5:00 pm	Colin Budd † Theresa Fallows †
April 13	9:00 am—(Vulcan) 11:00 am	George & Antonina Sztuk † Our Parish
April 14	9:00 am	Alison Richards †
April 15	7:00 pm	Peggy Klein †
April 16	3:15 pm—(Seasons HR) 6:00 pm	Sr. Teresa Rice CSJ Josephine Owens †
April 17	9:15 am	*****
April 18	9:15 am	*****
April 19	9:00 am 5:00 pm	George & Antonina Sztuk † Our Parish †
April 20	9:00 am—(Vulcan) 11:00 am	Margaret Ryan † Nonito & Pina Pascual †
April 21	9:00 am	Mitchell Curzon
April 22	7:00 pm	Norman Fallows
April 23	3:30 pm—(The Manor) 6:00 pm	Corin Benjamin Ann Marie Stokes †
April 24	9:15 am	Darlene Gillis†
April 25	9:15 am	Frank Charette †
April 26	9:00 am 5:00 pm	John Hughes Lloyd Richardson †
April 27	9:00 am—(Vulcan) 11:00 am	Our Parish Doug Mowat †
April 28	9:00 am	Fr. Mariusz Sztuk
April 29	7:00 pm	Ken MacKenzie †
April 30	4:00 pm—(HR Hospital) 6:00 pm	Bill Ward † Sam Abma



Online or in studio (High River) lessons

Teaching all styles and levels

Guitar, Bass, Ukulele and Mandolin

Call or Text Rob at 403-975-9806



Piano & Theory Lessons
Live Music
Piano Accompaniment

Rhona-Mae Arca
B.A., B.Mgt., A.R.C.T., R.M.T.

2013 Tech Teacher of the Year

(403) 201-6746
musespeakstudio@gmail.com
www.musespeak.com
(in Bridlewood, SW Calgary)



THIS SPACE IS AVAILABLE



DIANNE MANTEI
FRANCHISE OWNER

#2, 28-12th Avenue SE
High River, AB T1V 1T2
Office: 403.652.7266
Fax: 403.652.1492
Dianne.Mantei@hrblock.ca

OPEN YEAR-ROUND
HIGHLAND, CA

Snodgrass FUNERAL HOMES

On-site Chapel, Crematorium & Reception facilities
The Snodgrass Family
serving families of southern Alberta since 1929

301 MACLEOD TRAIL, HIGH RIVER 403-652-2222
www.snodgrassfuneralhomes.com



Craig Snodgrass
Owner / Funeral Director

Lyle Reeves FUNERALS
Experience The Difference

Traditional Burial Services
Memorial Cremation Services

www.lylereeves.com
PH 403.652.4242

115 8th Ave. SE - High River, Alberta



High River Medical Clinic

DR. VALENTINE C. OGOKE, MD., B.Sc.

108B 3RD Avenue, West, High River, AB T1V 1M4
Phone: (403) 652-2880 * Fax: (403) 652-2887

online booking: <http://vcmedicalclinic.ca/>



Lucius Okofor, B Pharm, M.ScPharm

Pharmacist/Owner
Pharmacist, Injection Certified, CDE
103 - 3rd Ave. SW, High River, AB T1V 1M3
T: 403-652-5608 F: 403-652-5609
highriverpharmacy@gmail.com

DARLENE BEUTLER



Associate

403.333.7333

keyconnection@shaw.ca



www.highriverproperty.com

THIS SPACE IS AVAILABLE

THIS SPACE IS AVAILABLE

Please support these Advertisers, who have supported us.