



# St. Francis De Sales and St. Andrew Parish BULLETIN



Roman Catholic Parish  
HIGH RIVER - VULCAN, AB

13 APRIL 2025



## Office

St. Francis de Sales Parish  
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## Contact Us

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Email: droseabramson@gmail.com

## LORD'S DAY MASSES

Saturday 5:00 pm - High River

Sunday 9:00 am - Vulcan

Sunday 11:00 am - High River

## CONFESSIONS

Monday - Saturday: 45 minutes before Masses

## PALM SUNDAY OF THE PASSION OF THE LORD





# 6th Sunday of Lent

April 13,  
2025



## Sunday Gospel

**Gospel:** (Luke 19:28-44) As Jesus nears Jerusalem, he once again predicts his coming death. When he explains to his disciples that they are going to Jerusalem where he will suffer, die, and rise again, they can't comprehend how the Messiah and Savior can possibly go down in defeat. The disciples' lack of spiritual understanding stands in contrast to what follows. Passing through Jericho, Jesus is met by a blind beggar who asks for mercy from the "Son of David" (18:35-43). When Jesus heals the man, he immediately follows Jesus, and both he and the crowd praise God (18:43). Jesus then encounters Zacchaeus, a wealthy chief tax collector who climbs a tree to get a glimpse of Jesus (19:1-10). Jesus graces the despised "sinner" with his presence at a meal, and Zacchaeus repents, as evidenced by his willingness to let go of his money. Jesus announces, "Today salvation has come to this house, because this man, too, is a son of Abraham. For the Son of Man came to seek and to save what was lost" (19:9-10). While the disciples struggle to follow Jesus on his terms, a blind man truly sees who Jesus is and a rich man gets into the kingdom, both sure signs that the Savior is at work.

## AW SHUCKS!

A little boy was sick on Palm Sunday and stayed home from church with his mother. His father returned from church holding a palm branch. The little boy was curious and asked, "Why do you have that palm branch, dad?" "You see, when Jesus came into town, everyone waved Palm Branches to honor him, so we got Palm Branches today." "The little boy replied, "Aw Shucks! The one Sunday I miss, is the Sunday that Jesus shows up!"



## A Prayer Before the Canadian Election

Gracious and loving God, We stand before You today as a nation at a crossroads, ready to choose our leaders for the journey ahead. We seek Your wisdom, peace, and guidance as Canada approaches this crucial election.

Through the intercession of St. Joseph, patron of Canada, protector of families, and model of humble service, we ask for Your blessing upon our land. Guide us with the strength, faithfulness, and devotion he provided to the Holy Family. With Mary, our Mother, Queen of Heaven, we seek Your grace to keep us in her care. Wrap this nation in her mantle of love, leading us closer to Your Son, our Savior.

Bless the hearts and minds of all who vote, granting them clarity and integrity. Instill in them the courage to pursue justice, the compassion to care for the vulnerable, and the humility to listen to one another. Guide those who step forward as leaders. May they be servants of the common good, rooted in truth, and dedicated to the flourishing of all—across cities, towns, forests, and coastlines of this vast land. Protect them from pride and division, inspiring them to create a future that embodies Your love, righteousness, and the Christian values upon which this country stands.

Lord, You understand the challenges we face—economic uncertainties and the urgent call for unity in our families and country. Pour out Your Spirit upon this nation, that we may rise above fear and selfishness to embrace hope, responsibility, and the strength of the Christian values integral to our identity. St. Joseph, guardian of this country, and with the Blessed Virgin Mary, we ask for your prayers as we strive to honor God's will in our choices. Let this election become a moment of renewal, where every voice is heard, each ballot cast in faith, and every outcome entrusted to Your hands. May Canada emerge stronger, kinder, and more just—a beacon of peace in a troubled world. We entrust this time to You, trusting in Your unfailing care.

Amen.



## Easter Decorating

Our amazing Decorating Team is preparing to decorate for Easter, and are kindly asking for donations of **Easter Lilies**, or **Easter Moms**, or a **monetary donation** so they can purchase some. If you would like to participate, and are doing a monetary donation, please bring your donation to the church office by **April 14** or if you are purchasing Lilies or Moms, please bring them to the church by **April 17**. **If you have any questions, please call Nancy in the church office at 403-652-2203**

**SORRY WE'RE  
CLOSED**

## Office Hours for Easter

The Church Office will be closed for the Easter Holiday, **Fri. April. 18—Mon. Apr. 21.**

Regular office hours will resume  
**Tuesday, April 22, at 9:00 am.**



## Daytime Adoration Cancelled

There will be **no Adoration** during the day on Holy Thursday, **April 17, 2025**, as we will be preparing for the Holy Thursday Mass. This mass is a **8:00 pm**. There will be Adoration **after the mass until midnight.**  
All are welcome!



# LENT 2025

MONDAY, APRIL 14  
7:00 p.m. Chrism Mass  
(St. Mary's Cathedral)

## MASSES AT: ST. FRANCIS DE SALES

Monday	14 April	9:00 a.m.
Tuesday	15 April	7:00 p.m.
Wednesday	16 April	6:00 p.m.

## SACRAMENT OF PENANCE

*Individual Confessions*

Monday	14 April	8:00 a.m. - 9:00 a.m.
Tuesday	15 April	6:00 p.m. - 7:00 p.m.
Wednesday	16 April	5:00 p.m. - 6:00 p.m.

### *An Easter Message*

*Easter is the fulfillment of our Catholic faith. The great three day liturgy of Holy Thursday, Good Friday and Easter Sunday celebrate the resurrection of our Lord, his great triumph over sin and death. Let us together wash each other's feet, venerate his holy cross and rejoice alongside our Risen Lord this Easter.*

*Experience the healing and forgiveness of the Sacrament of Reconciliation. Frequently receive his body and blood at Mass. Opening yourself to the opportunities of this Easter season will allow you to participate in the fullness of this most sacred Christian feast.*

*Enjoy Easter the way you were meant to; with Jesus.*

*Fr. Marius Sztuk, SDS  
Deacon Larry Driver*

# THE PASCHAL TRIDUUM

## HOLY THURSDAY, April 17 HIGH RIVER

**7:00 p.m. Evening Mass of the Lord's Supper**  
*Solemn Adoration until midnight*

8:00 - 9:00	Families
9:00 - 10:00	Mothers
10:00 - 11:00	Fathers
11:00 - 12:00	Youth

## HOLY THURSDAY, APRIL 17 VULCAN

**5:00 p.m. Evening Mass of the Lord's Supper**

## GOOD FRIDAY, April 18

**3:00 p.m. - Celebration of the Lord's Passion**  
**6:30 p.m. — Stations of the Cross**

## HOLY SATURDAY, APRIL 19

**10:00 a.m. — Blessing of the Food**  
**8:00 p.m. — The Easter Vigil**

## EASTER SUNDAY, APRIL 20

**9:00 a.m. Mass Vulcan**  
**11:00 a.m. Mass High River**

# Happy Easter

### Yarn Donations

If you have any yarn you are not using, our parishioner Shirley is looking for donations so she can knit more toques for Kids in Ukraine and Christmas Child Shoebox.

Yarn donations can be dropped off at the church for Shirley to pick up. If you have any questions, please call the church office for more information—403-652-2203



### Rosaries for Sale

There are Rosaries for sale in our Gift Shop in the Church Hall. They are made by one of our parishioners, Rhona-Mae Arca. If you are interested in buying one, please see Nancy in the church office during office hours, or call her at 403-652-2203, or email at francisdesales@shaw.ca



### Confession or Communion to the Homebound

If you are homebound and desiring to receive communion or the Sacrament of Reconciliation, please call the parish office at 403-652-2203 or email Father Marius at [dzambel@me.com](mailto:dzambel@me.com) to request a visit. He will do his best to schedule a visit with you



*"The Eucharist is the secret of my day. It gives strength and meaning to all my activities of service to the Church and to the whole world. Let Jesus in the Blessed Sacrament speak to your hearts. It is he who is the true answer of life that you seek. He stays here with us: he is God with us. Seek him without tiring, welcome him without reserve, love him without interruption: today, tomorrow, forever." Saint John Paul II*



### Sunday Offering

Did you know we now take Donations electronically! **You have the following options: Direct Debit, Visa, Master Card.** We also have **E-transfer set up.**

The email address is [dontion@francisdesaleshighriver.com](mailto:dontion@francisdesaleshighriver.com)

If you are interested in switching over to one of these payment methods, please call Nancy in the church office at **403-652-2203** or email her at [francisdesales@shaw.ca](mailto:francisdesales@shaw.ca)



### Adoration

Please join us for our Adoration after the 9:00 am mass on Thursdays, **from 9:45 am—9:00pm.** If you would like to come for an assigned time, please contact Nancy in the office at **403-652-2203** or email her at [francisdesales@shaw.ca](mailto:francisdesales@shaw.ca) **All are welcome!**

### St. Francis de Sales 2025 Offering Envelopes

*Just a reminder that the 2025 Offering Envelopes are ready for pick up in the church hall.*

*If you do not have an assigned envelope #, but would like one, Please contact Nancy in the church office by phone, **403-652-2203** or email [francisdesales@shaw.ca](mailto:francisdesales@shaw.ca)*



### Report for the months of January—April, 2025

The St. Francis de Sales Ministry has helped a total number of **11** people for the months of January to April, 2025. We paid out a total of **\$15,321.51** for bills, rent, or mortgages, as well, we gave a total of **\$1125.00** in fuel cards, and **\$2200.00** in grocery cards.

The total assistance we have given this period is **\$18,646.51**

**It is rewarding to be able to assist these people who are genuinely struggling. The help we give is so appreciated. We try to listen and give help as much as we can as quickly as possible.**

A huge **Thank You** to all those who have made a donation to this rewarding ministry.

Saint Francis de Sales  
High River, AB

**Welcome**  
*Thank You for joining us today.*

Name \_\_\_\_\_

Address \_\_\_\_\_

Postal Code \_\_\_\_\_ Amount \$ \_\_\_\_\_

Are you interested in: \_\_\_\_\_ How did you hear about us? \_\_\_\_\_

☐ Learning more about our ministry?

☐ Having a visit from the pastor?

☐ Joining our church?

### St. Francis de Sales Special Envelope Days

New Year's Day	January 01, 2025
SFDS Helping Hands	February 09, 2025
Together in Action	April 06, 2025
Needs of the Church in the Holy Land	April 18, 2025
Easter	April 20, 2025
Good Shepherd Sunday	May 11, 2025
SFDS Helping Hands	May 18, 2025
The Pope's Pastoral Works	May 25, 2025
Together in Action	June 01, 2025
SFDS Helping Hands	June 08, 2025
SFDS Helping Hands	August 10, 2025
Together in Action	September 07, 2025
SFDS Helping Hands	September 14, 2025
World Mission Sunday	October 19, 2025
Catholic Education Sunday	November 02, 2025
Together in Action	November 09, 2025
SFDS Helping Hands	November 16, 2025
Holy Childhood Sunday	December 14, 2025
Christmas	December 25, 2025

Saint Francis de Sales  
High River, AB

**Welcome**  
*Thank You for joining us today.*

Name \_\_\_\_\_

Address \_\_\_\_\_

Postal Code \_\_\_\_\_ Amount \$ \_\_\_\_\_

Are you interested in: \_\_\_\_\_ How did you hear about us? \_\_\_\_\_

☐ Learning more about our ministry?

☐ Having a visit from the pastor?

☐ Joining our church?



If you are in the hospital, and are **Roman Catholic**, please insure you or a family member contacts Nancy in the Church Office at 403- 652-2203. This will ensure that you will be visited by the Priest or Pastoral Care Team.





Couples for Christ is inviting you to a  
Christian Life Program  
St Francis de Sales Church Hall,  
Sunday Apr 27 & May 4 at 1:00pm



Matthew 28:8-10

YOU ARE called  
YOU MATTER.  
YOU BELONG.

ST. MARY'S Cathedral  
JUBILEE PILGRIMAGE CHURCH  
IN THE DIOCESE OF CALGARY

THE SHRINE CHURCH OF  
*Our Lady*  
OF THE ROCKIES  
JUBILEE PILGRIMAGE CHURCH  
IN THE DIOCESE OF CALGARY

Decree  
ON THE  
JUBILEE YEAR  
INDULGENCES

## Plenary Indulgence

Obtain the grace of a Plenary Indulgence for yourself or a departed loved one by making a pilgrimage to St. Mary's Cathedral or the Shrine Church of Our Lady of the Rockies under the following conditions:

- 1 Strive to be free from sin  
Even from venial sins
- 2 Receive Sacramental Confession  
This can be received 20 days before or after the pilgrimage.
- Receive the Holy Communion  
It is ideal that Communion and the prayer take place on the same day of the pilgrimage.
- Pray the Pope's Intentions

FAQ & prayer resources available CATHOLICYC.CA/JUBILEE

ROMAN CATHOLIC DIOCESE of Calgary

2025

Annual Outdoor

## WAY OF THE CROSS IN DIAMOND VALLEY



*Inter-faith commemoration  
of Jesus' final steps to the Cross*

### GOOD FRIDAY

APRIL 18th – 10.30 AM

One km easy walk pausing at 14 stations for reflection and prayer.  
Starts/ends at St. Michael's Church – 402 Government Road  
Seniors & families welcome. Dogs welcome on leash.

## SFDS GAMES NIGHT



**TRY A GAME,  
TEACH A GAME!**

Bring your fave boardgames, cardgames, and snacks for a fun time of gaming and fellowship.

**Children under 13 must be accompanied by a parent or guardian.**

6:00 PM

APRIL 25, 2025

MAY 23, 2025

JUNE 27, 2025

SFDS HALL





## Palm Sunday

**Palm Sunday** marks the beginning of Holy Week in the Christian calendar, commemorating Jesus Christ's triumphal entry into Jerusalem, an event described in all four Gospels of the New Testament (Matthew 21:1-11, Mark 11:1-11, Luke 19:28-44, and John 12:12-19). It occurs the Sunday before Easter, and in 2025, it will fall on April 13, given that Easter Sunday is April 20.

### Historical Background

The origins of Palm Sunday trace back to the life of Jesus, around 30-33 CE, when he entered Jerusalem riding a donkey, fulfilling the prophecy of Zechariah 9:9: "Rejoice greatly, Daughter Zion! See, your king comes to you, righteous and victorious, lowly and riding on a donkey." Crowds greeted him by waving palm branches and laying them on the ground, shouting "Hosanna," which means "save us" in Hebrew. This act symbolized victory, peace, and the recognition of Jesus as the Messiah. However, this triumphant moment was bittersweet, as it preceded his betrayal, arrest, and crucifixion later that week.

The celebration of Palm Sunday as a formal liturgical event developed in the early Christian Church. By the 4th century, pilgrims in Jerusalem reenacted Jesus' entry during Holy Week, a practice documented by the Spanish nun Egeria in her travelogue around 381-384 CE. The tradition spread from Jerusalem to other Christian communities, becoming a widespread observance by the Middle Ages. In the Catholic Church, it evolved into a day of both joy and solemnity, reflecting the dual nature of Christ's entry as a king destined for sacrifice.

### Catholic Observance and Meaning

For Catholics, Palm Sunday—officially called "Palm Sunday of the Passion of the Lord"—holds deep spiritual significance. The day begins with a blessing of palm branches (or other local greenery, like olive or willow branches, depending on the region). These blessed palms are distributed to the faithful, who often process into the church, recalling Jesus' entry into Jerusalem. The Mass includes two Gospel readings: one recounting the triumphal entry and a longer "Passion Narrative" detailing Jesus' suffering and death, emphasizing the shift from celebration to sacrifice.

### The palms symbolize several things:

**Victory and Triumph:** They echo the ancient use of palms as symbols of victory in Jewish and Roman cultures, signifying Jesus' spiritual kingship.

**Peace:** Jesus' choice of a donkey over a warhorse highlights his mission of peace rather than earthly conquest.

**Martyrdom and Sacrifice:** The joy of Palm Sunday is tempered by the awareness of Christ's impending Passion, linking the palms to his ultimate victory over sin and death through the cross.

Catholics often keep blessed palms in their homes, sometimes braided into crosses, as a reminder of Christ's sacrifice and a sacramental symbol of grace. The ashes used on Ash Wednesday the following year are often made by burning these palms, connecting the start of Lent to its culmination in Holy Week.

In essence, Palm Sunday invites Catholics to reflect on Jesus as a humble king who willingly embraced suffering for humanity's salvation. It's a day of paradox—celebration intertwined with sorrow—setting the stage for the mysteries of Good Friday and the joy of Easter.



## The Sacred Paschal Triduum

The term "Holy Triduum" (often spelled with a capital "H") refers to a sacred three-day period in the Christian liturgical calendar, specifically the three days that encompass the Passion, Death, and Resurrection of Jesus Christ. It is the culmination of Lent and the most significant time in the Christian year for many denominations, particularly Roman Catholics, Anglicans, and Lutherans. The word "Triduum" comes from Latin, meaning "three days" (tri = three, dies = days).

### Historical Background

The Holy Triduum has its roots in early Christian practices that commemorated the events of Jesus' final days as described in the New Testament. By the 4th century, with the legalization of Christianity under Emperor Constantine and the development of formalized liturgies, these observances became more structured. The Triduum emerged as a distinct celebration, tying together three key moments:

**1. Maundy Thursday** - commemorating the Last Supper and Jesus washing the disciples' feet.

**2. Good Friday** - marking the Crucifixion and Death of Jesus.

**Holy Saturday** - a day of waiting and preparation for the Resurrection, culminating in the Easter Vigil.

Historically, these events were not always celebrated as a unified "Triduum." Early Christians focused on Easter (Pascha) as the central feast, with Good Friday and Holy Saturday gradually gaining prominence. By the Middle Ages, the Roman Rite formalized the Triduum as a three-day liturgical unit, a practice that was further refined during the Council of Trent (16th century) and later in the 20th century with reforms like those of Pope Pius XII in 1955, which restored the Easter Vigil to its nighttime prominence.

### Meaning of the Holy Triduum

The Holy Triduum is considered a single, continuous celebration rather than three separate days. It begins with the evening Mass of the Lord's Supper on Maundy Thursday and concludes with Easter Sunday evening (though technically, the Triduum proper ends with the Easter Vigil on Saturday night). Each day has its own distinct focus:

### Maundy Thursday

**Meaning:** Named from the Latin "mandatum" (commandment), it recalls Jesus' new commandment to "love one another as I have loved you" (John 13:34). The washing of feet symbolizes humility and service, while the institution of the Eucharist at the Last Supper is central to Christian worship.

**Ritual:** The Mass ends with the stripping of the altar, symbolizing Jesus' abandonment, and the Eucharist is moved to an "altar of repose" for adoration.

### Good Friday

**Meaning:** A somber day focused on the suffering and sacrificial death of Jesus on the cross, seen as the atonement for humanity's sins. It's a day of penance, fasting, and reflection.

**Ritual:** No Mass is celebrated (unique in the year). Instead, services include the reading of the Passion, veneration of the cross, and distribution of pre-consecrated Communion.

### Holy Saturday (and the Easter Vigil)

**Meaning:** A day of silence and anticipation, representing Jesus in the tomb. The Easter Vigil, held after nightfall, celebrates the Resurrection, marking the transition from death to life and the triumph of light over darkness.

**Ritual:** The Vigil includes the lighting of the Paschal candle, the Exsultet (Easter Proclamation), baptisms, and the first Easter Mass. It's a joyous shift from mourning to celebration.

### Theological Significance

The Triduum encapsulates the Paschal Mystery—the core of Christian belief: Christ's suffering, death, burial, and resurrection. It's a time for believers to enter into these mysteries through liturgy, prayer, and fasting, reflecting on salvation and renewal. The three days are not merely historical remembrances but a living participation in the events that define Christian faith.

In 2025, with the current date being April 13, the Holy Triduum will occur later this month, as Easter Sunday is calculated as the first Sunday after the first full moon of spring (April 20 in 2025), placing the Triduum from April 17 (Maundy Thursday) to April 19 (Easter Vigil).

# MASS INTENTIONS

# April 1– 30, 2025

April 1	7:00 pm	James & Helen Leible †
April 2	6 :00 pm	Bereavement Mass
April 3	9:15 am	Stuart Curzon †
April 4	9:15 am	John & Kay Hoffart †
April 5	9:00 am 5:00 pm	Lillian Schmidt † Grazyn Sak†
April 6	9:00 am—(Vulcan) 11:00 am	Our parish Michael Ryan †
April 7	9:00 am	Deidre & Steve Abma & Family
April 8	7:00 pm	George Curzon
April 9	4:00 pm—(HR Hospital) 6:00 pm	Sr. Loretta Rice CSJ SFDS CWL Sisters
April 10	9:15 am	Marge & Mike Heap †
April 11	9:15 am	Frank Charette †
April 12	9:00 am 5:00 pm	Colin Budd † Theresa Fallows †
April 13	9:00 am—(Vulcan) 11:00 am	George & Antonina Sztuk † Our Parish
April 14	9:00 am	Alison Richards †
April 15	7:00 pm	Peggy Klein †
April 16	3:15 pm—(Seasons HR) 6:00 pm	Sr. Teresa Rice CSJ Josephine Owens †
April 17	9:15 am	*****
April 18	9:15 am	*****
April 19	9:00 am 5:00 pm	George & Antonina Sztuk † Our Parish †
April 20	9:00 am—(Vulcan) 11:00 am	Margaret Ryan † Nonito & Pina Pascual †
April 21	9:00 am	Mitchell Curzon
April 22	7:00 pm	Norman Fallows
April 23	3:30 pm—( The Manor) 6:00 pm	Corin Benjamin Ann Marie Stokes †
April 24	9:15 am	Darlene Gillis†
April 25	9:15 am	Frank Charette †
April 26	9:00 am 5:00 pm	John Hughes Lloyd Richardson †
April 27	9:00 am—(Vulcan) 11:00 am	Our Parish Doug Mowat †
April 28	9:00 am	Fr. Mariusz Sztuk
April 29	7:00 pm	Ken MacKenzie †
April 30	4:00 pm—(HR Hospital) 6:00 pm	Bill Ward † Sam Abma





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